



# AVELLASD

Home of the Eagles!

## Avella JS/HS September 2022



### LINE B GRAB & GO MEALS

All include choice of cold vegetable, 2 fruits and milk

Monday  
Pepperoni Pizza

OR  
Buffalo Chicken Panini with Fries

Tuesday  
Buffalo Chicken Pizza

OR  
Cheeseburger with Fries

OR  
Breaded Chicken Salad with a Dinner Roll

Wednesday  
Sausage Pizza

OR  
Spicy or Regular Breaded Chicken Sandwich with Fries

Thursday  
Pepperoni Pizza

OR  
Popcorn Chicken, Dinner Roll and Fries

Friday  
Cheese Pizza

OR  
Spicy or Regular Breaded Chicken Sandwich with Fries

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



9/1  
Chicken Parmesan over Pasta  
Garlic Bread  
Assorted Fresh Veggies  
Pears and Fresh Fruit

9/2  
Pulled Pork Sandwich  
Fries  
Assorted Fresh Veggies  
Applesauce and Fresh Fruit

9/6  
Clux Delux Chicken Sandwich  
Fries  
Baked Beans  
Assorted Fresh Veggies  
Fresh Fruits

9/7  
Grilled Cheese and Tomato Soup  
Fries  
Assorted Fresh Veggies  
Peaches and Fresh Fruit

9/8  
Pasta and Meatballs  
Garlic Breadstick  
Assorted Fresh Veggies  
Pears and Fresh Fruit

9/9  
Mini Corn Dogs  
Fries  
Assorted Fresh Veggies  
Applesauce and Fresh Fruit

9/12  
Ranch Chicken Bacon Wrap  
Fries  
Assorted Fresh Veggies  
Fresh Fruits

9/13  
Walking Taco  
Mexican Corn  
Assorted Fresh Veggies  
Mixed Fruit and Fresh Fruit

9/14  
NEW!!!!  
SALAD BAR  
Make your own Salad  
Fresh Fruit

9/15  
Buffalo Chicken Mac-n-Cheese  
Seasoned Broccoli  
Assorted Fresh Veggies  
Pears and Fresh Fruit

9/16  
PIZZA FRIDAY!!  
Assorted Specialty Pizza  
Assorted Fresh Veggies  
Applesauce and Fresh Fruit

9/19  
Miss Shari's Famous Pizza Burger  
Fries  
Assorted Fresh Veggies  
Fresh Fruits

9/20  
General Tso Chicken  
Fried Rice/ Broccoli  
Assorted Fresh Veggies  
Mixed Fruit and Fresh Fruit

9/21  
Breakfast For Lunch!  
French Toast Sticks,  
Sausage, Hash Browns,  
Dragon Juice  
Peaches and Fresh Fruit

9/22  
King Ranch Casserole  
Assorted Fresh Veggies  
Pears and Fresh Fruit

9/23  
Cowboy Burger  
Fries  
Assorted Fresh Veggies  
Applesauce and Fresh Fruit

9/26  
Italian Combo  
(Cheese Sticks, Breaded Ravioli and Sauce)  
Assorted Fresh Veggies  
Fresh Fruits

9/27  
Turkey Club on Ciabatta  
Homemade Chicken  
Noodle Soup  
Assorted Fresh Veggies  
Mixed Fruit and Fresh Fruit

9/28  
Grande Nachos  
Seasoned Corn  
Assorted Fresh Veggies  
Peaches and Fresh Fruit

9/29  
Pasta and Meatballs  
Garlic Breadstick  
Assorted Fresh Veggies  
Pears and Fresh Fruit

9/30  
Popcorn Chicken Bowl  
Popcorn Chicken,  
Mashed Potatoes, Corn,  
Gravy, Cheese  
Dinner Roll  
Applesauce and Fresh Fruit

Questions? Contact Heather Poirier, Food Service Director @ 724-356-2218 ext. 3312 or email [poirierh@avellasd.org](mailto:poirierh@avellasd.org)

Make cafeteria checks payable to Avella Cafeteria. Please use separate checks for ELEMENTARY students. Please enclose cash payments in an envelope with ID number or name. Accounts are intended to be debit, NOT credit. Automated phone calls are placed to remind parents of negative balances. Free and Reduced Applications are accepted all year, however are not retroactive. This institution is an equal opportunity provider and employer.

