



# AVELLASD

Home of the Eagles!

## Avella JS/HS November 2022



### LINE B GRAB & GO MEALS

All include choice of cold vegetable, 2 fruits and milk

#### Monday Pizza

Buffalo Chicken Panini with Fries  
Uncrustable

#### Tuesday Pizza

Breaded Chicken, Dinner Roll and Fries  
Bento Box

#### Wednesday Pizza

Cheeseburger with Fries  
Uncrustable

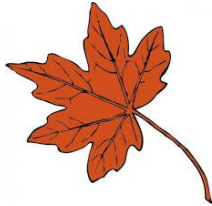
#### Thursday Pizza

Breaded Chicken, Dinner Roll and Fries  
Chicken Salad with a Dinner Roll

#### Friday Pizza

Breaded Chicken Sandwich with Fries

### MONDAY



### TUESDAY

11/1  
General Tso Chicken  
Fried Rice/ Broccoli  
Assorted Fresh Veggies  
Assorted Fruits

### WEDNESDAY

11/2 Baked Potato Bar  
Potato with choice of toppings: Chili, Cheese, Broccoli, Sour Cream and Butter  
Dinner Roll, Fresh Veggies// Fruits

### THURSDAY

11/3  
Breaded Chicken  
Drumsticks/ Mashed Potatoes  
Dinner Roll  
Assorted Fresh Veggies  
Assorted Fruits

### FRIDAY

11/4  
Miss Shari's Famous Pizza Burger  
Fries  
Assorted Fresh Veggies  
Assorted Fruits

11/7

Ranch Chicken Bacon Wrap  
Fries  
Assorted Fresh Veggies  
Assorted Fruits

11/8

Breakfast For Lunch!  
French Toast Sticks, Sausage, Hash Browns, Dragon Juice  
Assorted Fruits

11/9

Pasta and Meatballs  
Garlic Breadstick  
Assorted Fresh Veggies  
Assorted Fruits

11/10



11/11



11/14

Buffalo Chicken Bites  
Tatar Tots/ Dinner Roll  
Assorted Fresh Veggies  
Assorted Fruits

11/15

Mini Corn Dogs  
Baked Beans  
Assorted Fresh Veggies  
Assorted Fruits

11/16 Thanksgiving Dinner- Turkey and Gravy// Mashed Potatoes// Stuffing// Green Bean Casserole  
Dinner Roll// Cranberry Jell-O// Pumpkin Bars

11/17

Walking Taco  
Corn  
Assorted Fresh Veggies  
Assorted Fruits

11/18

Pizza Day!  
Variety of Pizza on Both Lines  
Assorted Fresh Veggies  
Assorted Fruits

11/21

Popcorn Chicken Bowl  
Popcorn Chicken, Mashed Potatoes, Corn, Gravy, Cheese  
Dinner Roll  
Assorted Fruits

11/22

Steak and Cheese Fries  
Seasoned Carrots  
Assorted Fresh Veggies  
Assorted Fruits

11/23

Grande Nachos  
Refried Beans  
Assorted Fresh Veggies  
Assorted Fruits

11/24



11/25



11/28



11/29

Buffalo Chicken Bites  
Fries/ Dinner Roll  
Assorted Fresh Veggies  
Assorted Fruit

11/30

Salisbury Steak  
Mashed Potatoes  
Dinner Roll  
Assorted Fresh Veggies  
Assorted Fruit



Definition of Lunch:  
1 Entrée with Grain/  
Bread Item, Up to  
2 Vegetables, &/or Fruit  
and Milk

Menu subject to change  
without notice.

Student Paid Lunch:  
\$2.70  
Reduced Lunch:  
\$.40  
Adult Lunch:  
\$4.15



Questions? Contact Heather Poirier, Food Service Director @ 724-356-2218 ext. 3312 or email [poirierh@avellasd.org](mailto:poirierh@avellasd.org)

Make cafeteria checks payable to Avella Cafeteria. Please use separate checks for ELEMENTARY students. Please enclose cash payments in an envelope with ID number or name. Accounts are intended to be debit, NOT credit. Automated phone calls are placed to remind parents of negative balances. **Free and Reduced Applications are accepted all year, however are not retroactive.** This institution is an equal opportunity provider and employer.