



AVELLASD

Home of the Eagles!

Avella JS/HS March 2023



LINE B GRAB & GO MEALS

All include choice of cold vegetable, 2 fruits and milk

Monday
Pizza

Buffalo Chicken Panini with Fries
Uncrustable

Tuesday
Pizza

Breaded Chicken, Dinner Roll and Fries
Bento Box

Wednesday
Pizza

Cheeseburger with Fries
Uncrustable

Thursday
Pizza

Breaded Chicken, Dinner Roll and Fries
Chicken Salad with a Dinner Roll

Friday
Pizza

Breaded Chicken Sandwich with Fries

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



		3/1 Pulled Pork Sandwich OR Pulled Pork Nachos Refried Beans Assorted Fruits	3/2 Firecracker Cherry Yum Chicken Fried Rice Broccoli Assorted Fresh Veggies Assorted Fruits	3/3 Breaded Fish Sandwich Cheesy Potatoes Coleslaw Assorted Fruits
3/6 Walking Taco Refried Beans Assorted Fresh Veggies Assorted Fruits	3/7 <u>Breakfast For Lunch!</u> French Toast Sticks, Sausage, Hash Browns, Dragon Juice Assorted Fruits	3/8 BBQ Chicken with Cornbread Mashed Potatoes Assorted Fresh Veggies Assorted Fruits	3/9 Clux Delux Chicken Sandwich Baked Beans Assorted Fresh Veggies Assorted Fruits	3/10 Grilled Cheese Tomato Soup Assorted Fresh Veggies Assorted Fruits
3/13 General Tso Chicken Fried Rice/ Broccoli Assorted Fresh Veggies Assorted Fruits	3/14 <u>Happy Pi Day!</u> Chicken Pot Pie Dinner Roll Assorted Fresh Veggies Assorted Fruits	3/15 Mini Corn Dogs Baked Beans Fries Assorted Fruits	3/16 <u>Happy St. Patrick's Day</u> Shephard's Pie Dinner Roll Assorted Fresh Veggies Assorted Fruits Dessert Surprise	3/17 
3/20 Ranch Chicken Bacon Wrap Baked Beans Assorted Fresh Veggies Assorted Fruits	3/21 Homemade Chicken Noodle Soup Turkey Club on Ciabatta Assorted Fresh Veggies Assorted Fruits	3/22 Chicken Soft Taco Refried Beans Assorted Fresh Veggies Assorted Fruits	3/23 Popcorn Chicken Bowl Popcorn Chicken, Mashed Potatoes, Corn, Gravy, Cheese Dinner Roll Assorted Fruit	3/24 Breaded Fish Nuggets Mac-N-Cheese Coleslaw Assorted Fruits
3/27 Nachos Grande Refried Beans Assorted Fresh Veggies Assorted Fruits	3/28 Pasta and Meatballs Garlic Breadstick Assorted Fresh Veggies Assorted Fruits	3/29 Steak Hoagie Cheesy Broccoli 3 Bean Salad Assorted Fruits	3/30 Turkey and Gravy over Biscuits Mashed Potatoes Assorted Fresh Veggies Assorted Fruits	3/31 Tuna Salad on Croissant Potato Chips Assorted Fresh Veggies Assorted Fruits

Definition of Lunch:
1 Entrée with Grain/
Bread Item, Up to
2 Vegetables, &/or Fruit
and Milk

Menu subject to change
without notice.

Student Paid Lunch:
\$2.70
Reduced Lunch:
\$.40
Adult Lunch:
\$4.15



Questions? Contact Heather Poirier, Food Service Director @ 724-356-2218 ext. 3312 or email poirierh@avellasd.org

Make cafeteria checks payable to Avella Cafeteria. Please use separate checks for ELEMENTARY students. Please enclose cash payments in an envelope with ID number or name. Accounts are intended to be debit, NOT credit. Automated phone calls are placed to remind parents of negative balances. **Free and Reduced Applications are accepted all year, however are not retroactive.** This institution is an equal