



# Avella JS/HS Breakfast Menu September 2022

**ASSORTED GRAB-N-GO BREAKFAST PASTRIES**  
(Not all items available each day.)

Richs Glazed Donut,  
Banana Bread, Cereal with Mini Muffin,  
Cinnamon Stuffed Bagel, Apple Frudel, Benefit Bar, Pop-tarts, Cinnamon Roll,  
Chocolate Muffin

All Pastries served with Fruit, Juice and Milk

Student Paid Breakfast: \$1.65  
Reduced Breakfast: \$ .30  
Adult Breakfast: \$2.35

Definition of Breakfast: 1 Entrée with Grain/  
Bread Item, Fruit/ Juice and Milk.  
Menu subject to change without notice.

Breakfast Includes: Choice of Milk, Fruit and Juice  
as well as Main Entrée (Students may take 1 fruit  
and 1 juice.)

| <u>MONDAY</u>   | <u>TUESDAY</u>                                | <u>WEDNESDAY</u>   | <u>THURSDAY</u>                               | <u>FRIDAY</u>   |
|---|---|--|---|---|
|   |   |  | 9/1<br>Yummy Breakfast<br>Chicken<br>Sandwich | 9/2<br>Piggletstick with<br>Syrup                           |
|   | 9/6<br>Tony's Breakfast<br>Pizza              | 9/7<br>Scrambled Eggs<br>with Cheese,<br>Sausage Link and<br>Toast             | 9/8<br>Funnel Cake with<br>Powdered Sugar     | 9/9<br>Cinnabiscuit with<br>Dip                             |
| 9/12<br>Piggletstick with<br>Syrup                          | 9/13<br>Homemade Muffin<br>With Fruit Parfait | 9/14<br>Breakfast Bowl<br>Eggs, Sausage,<br>Tater Tots,<br>Cheese and<br>Toast | 9/15<br>French Toast<br>Sticks and Bacon      | 9/16<br>Homemade<br>Cinnamon Rolls                          |
| 9/19<br>Sausage, Egg<br>and Cheese<br>Breakfast<br>Sandwich | 9/20<br>Funnel Cake with<br>Powdered Sugar    | 9/21<br>Breakfast Burrito<br>(Eggs, Sausage<br>and Cheese)                     | 9/22<br>Pancakes and<br>Sausage               | 9/23<br>Yummy Breakfast<br>Chicken<br>Sandwich              |
| 9/26<br>Tony's Breakfast<br>Pizza                           | 9/27<br>Homemade Muffin<br>with Fruit Parfait | 9/28<br>Tater Tot<br>Breakfast Bake  | 9/29<br>French Toast<br>Sticks and Bacon      | 9/30<br>Assortment of<br>Breakfast<br>Omelets with<br>Toast |

**Questions? Contact Heather Poirier, Food Service Director @ 724-356-2218 ext. 3312 or email [poirierh@avellasd.org](mailto:poirierh@avellasd.org)**

Make cafeteria checks payable to Avella Cafeteria. Please use separate checks for Elementary students. Please enclose cash payments in an envelope with ID number or name. Accounts are intended to be debit, NOT credit. Automated phone calls are placed to remind parents of negative balances. **Free and Reduced Applications are accepted all year, however are not retroactive.** This institution is an equal opportunity provider and employer.