



Avella JS/HS Breakfast Menu October 2021

Questions about your child's cafeteria account or status? Contact: Heather Poirier, Food Service Director at 724-356-2218

USDA has extended the free lunch program. All student meals are free throughout the school year.

ASSORTED GRAB-N-GO BREAKFAST PASTRIES

(Not all items available each day.)

Mini Powdered Sugar Donuts,
Mini Chocolate Coated Donuts,
Richs Glazed Donut,
Banana Bread, Cinnamon Bread, Cereal with
Mini Chocolate Chip Bread Or Chocolate
Muffin, Cinnamon Stuffed Bagel,
Pop-tarts, Cinnamon Roll, Chocolate Muffin

All Pastries served with Applesauce Or
Orange, Juice and Milk

Adult Breakfast: \$2.20

Definition of Breakfast: 1 Entrée with Grain/
Bread Item, Fruit/ Juice and Milk.

Menu subject to change without notice.

Breakfast Includes: Choice of Milk, Fruit and Juice
as well as Main Entrée (Students may take 1 fruit

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		Apple Cider from Brown's Orchard will be available throughout the month.		10/1 Tater Topped Breakfast Bake
10/4 Tony's Breakfast Pizza	10/5 Breakfast Tortilla (Flour tortilla, eggs, sausage, cheese)	10/6 Waffles with Sausage	10/7 Funnel Cake with Powdered Sugar	10/8 Yummy Breakfast Chicken Sandwich
10/11 	10/12 French Toast Sticks with Syrup and Bacon	10/13 Scrambled Eggs with Cheese, Sausage and Toast	10/14 Oatmeal with Choice of Toppings 	10/15 Scrambled Egg Bowl (Eggs, Cheese, Sausage and Tator Tots)
10/18 Bacon, Sausage, Egg and Cheese Breakfast Pizza	10/19 Homemade Muffin With Fruit Parfait	10/20 Tater Topped Breakfast Bake	9/23 Funnel Cake with Powdered Sugar	10/22 Yummy Breakfast Chicken Sandwich
10/25 Tony's Breakfast Pizza	10/26 Blueberry Hand Pie 	10/27 Breakfast Tortilla (Flour tortilla, eggs, sausage, cheese)	10/28 French Toast Sticks with Syrup and Bacon	10/29 Happy Halloween <u>Krispy Kreme Donuts!</u>

Cafeteria accounts are intended to be debit, not credit. Want to avoid your child having a negative balance account? Check out myschoolbucks.com. You can receive personal low/negative balance reminders via e-mail or text for FREE. You may contact MSB at (855) 832-5226 or at support@myschoolbucks.com.

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