

Breakfast Menu for October 2021

Definition of Breakfast:
1 Entrée with Grain/ Bread Item, Fruit/Juice and Milk

USDA has extended the free lunch program. All student meals are free throughout the school year.

Grab-N-Go Cart Available Daily!!

Pick 1:

Chocolate, Cinnamon, Or Banana Bread, Goody Ring Donut, Mini Chocolate Or Powdered Sugar Donut, Strawberry Pop-Tart Or Banana Chocolate Chip Benefit Bar

Pick1:

Cinnamon Applesauce, Raisins Or Pears

Pick 1:



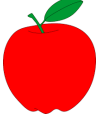
Apple, Orange Or Grape Juice

Pick 1:

White or Chocolate Milk

Menu subject to change without notice.

Adult Breakfast: \$2.20

Monday	Tuesday	Wednesday	Thursday,	Friday, October 1
		FRESH APPLE CIDER WILL BE DELIVERED FROM BROWN'S ORCHARD 		Day 3 French Toast Sticks with Bacon OR Cinnamon Toast Crunch with Toast Applesauce
Monday, October 4	Tuesday, October 5	Wednesday, October 6	Thursday, October 7	Friday, October 8
Day 4 Glazed Donut OR Lucky Charms with Toast Apple	Day 1 Breakfast Pizza OR Cinnamon Toast Crunch with Toast Apple Slices	Day 2 Sausage, Egg and Cheese Muffin OR Cocoa Puffs with Toast Apple	Day 3 Waffle and Sausage Breakfast Sandwich OR Lucky Charms with Toast Pears	Day 4 Funnel Cake OR Cinnamon Toast Crunch with Toast Applesauce
Monday, October 11	Tuesday, October 12	Wednesday, October 13	Thursday, October 14	Friday, October 15
	Day 1 Breakfast Pizza OR Cinnamon Toast Crunch with Toast Apple Slices	Day 2 Scrambled Eggs with Bacon and Toast OR Cocoa Puffs with Toast Pears	Day 3 Pancakes with Sausage OR Lucky Charms with Toast Pears	Day 4 French Toast Sticks with Bacon OR Cinnamon Toast Crunch with Toast Applesauce
Monday, October 18	Tuesday, October 19	Wednesday, October 20	Thursday, October 21	Friday, October 22
Day 1 Glazed Donut OR Lucky Charms with Toast Apple	Day 2 Breakfast Pizza OR Cinnamon Toast Crunch with Toast Apple Slices	Day 3 Sausage, Egg and Cheese Muffin OR Cocoa Puffs with Toast Apple	Day 4 Waffle and Sausage Breakfast Sandwich OR Lucky Charms with Toast Pears	Day 1 Funnel Cake OR Cinnamon Toast Crunch with Toast Applesauce
Monday, October 25	Tuesday, October 26	Wednesday, October 27	Thursday, October 28	Friday, October 29
Day 2 Glazed Donut OR Lucky Charms with Toast Apple	Day 3 Breakfast Pizza OR Cinnamon Toast Crunch with Toast Pears	Day 4 Scrambled Eggs with Bacon and Toast OR Cocoa Puffs with Toast Pears	Day 1 Pancakes with Sausage OR Lucky Charms with Toast Pears	Day 2 <u>Happy Halloween!</u> Krispy Kreme Donuts!! OR Cinnamon Toast Crunch with Toast Applesauce

Questions? Contact: Heather Poirier, Food Service Director @ 724-356-2218 ext. 3312 or email poirierh@avellasd.org

Make Cafeteria checks payable to Avella Cafeteria. Please use separate checks for JSHS students. Please enclose cash payments in an envelope with ID number or name.

Accounts are intended to be debit, not credit. Automated phone calls are placed to remind parents of negative balances.

Free and Reduced Applications are accepted all year, however they are not retroactive.