

Monday

Tuesday

Wednesday

Thursday

Friday



Day 4
Turkey and Gravy over
Biscuits/ Mashed Potatoes
Fresh Veggies
Fruit

Day 1
Mac-N-Cheese with Breaded
Fish Sticks
Broccoli Trees
Fresh Veggies/ Fruit

Day 2
Cheeseburger
Baked Beans
Shredded Lettuce Cup
Fruit

Day 3
Mozzarella Twists with
Marinara Sauce
Seasoned Peas
Fresh Veggies// Fruit

Day 4 **LUCKY TRAY DAY!**
Breaded Chicken Drumsticks
Dinner Roll
Mashed Potatoes
Fresh Veggies// Fruit

Day 1
Lasagna Roll-Up or Mini
Ravioli// Garlic Breadstick
Side Salad
Fruit

Day 2
Breakfast for Lunch
French Toast Sticks
Hash Browns/ Sausage
Dragon Juice// Fruit



Day 3
Yogurt Cup, Soft Pretzel,
Cheese Sauce
Broccoli
Fresh Veggies//Fruit

Day 4
Pasta and Meatballs
Garlic Breadstick
Side Salad
Fruit

Day 1
Mini Corn Dogs
Baked Beans
Fresh Veggies
Fruit

Day 2 **Thanksgiving Dinner**
Turkey and Gravy/ Mashed
Potatoes/ Stuffing/ Green
Bean Casserole/Dinner Roll
Cranberry Jell-O/ Pumpkin
Bars

Day 3
Big Daddy Pizza
Corn
Fresh Veggies
Fruit

Day 4 **Nachos Grande**
Seasoned Beef, Chips,
Cheese Sauce, Shredded
Lettuce, Tomatoes, Salsa,
Sour Cream/ Refried Beans
Fruit

Day 1
Grilled Cheese
Tomato Soup
Fresh Veggies
Fruit

Day 2
Big Daddy Pizza
Corn
Fresh Veggies
Fruit



Day 3
Chicken Nuggets
Fries/ Dinner Roll
Fresh Veggies
Fruit

Day 4
Mac-N-Cheese with Breaded
Fish Sticks
Baked Beans
Fresh Veggies/ Fruit

Daily Alternate Entrees: Monday: Ham, Cheese and Crackers
Tuesday: Deli Hoagie
Wednesday: Make Your Own Pizza
Thursday: Munch Box (Turkey, Yogurt, Cheese, Cheez-Its)
Friday: Cereal Munch-Box with Yogurt and String Cheese

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

Questions? Contact Heather Poirier, Food Service Director @ 724-356-2218 ext. 3312 or email poirierh@avellasd.org

Make cafeteria checks payable to Avella Cafeteria. Please use separate checks for JSHS students. Please enclose cash payments in an envelope with ID number or name. Accounts are intended to be debit, NOT credit. Automated phone calls are placed to remind parents of negative balances. **Free and Reduced Applications are accepted all year, however are not retroactive.** This institution is an equal opportunity provider and employer.

Monday

Tuesday

Wednesday

Thursday

Friday



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GIVE
THANKS