

JANUARY 2023

Avella Elementary

(Menu Subject to Change Without Notice)

Student Paid Lunch: \$2.55

Reduced Lunch: \$.40

Adult Lunch: \$4.15

Ala Carte Milk: \$.65

Monday



2

Day 1 **Nachos Grande** 9
Seasoned Beef, Chips, Cheese Sauce, Shredded Lettuce, Tomatoes, Salsa, Sour Cream/ Refried Beans Fruit



Day 2 23
Cheeseburger
Fries
Fresh Veggies
Fruit

Day 3 30
Chicken Nuggets
Dinner Roll/ Fries
Fresh Veggies
Fruit

Tuesday

Day 1 3
Pizza Bagel Bites
Seasoned Peas
Dragon Juice
Fruit

Day 2 10
Breakfast for Lunch
French Toast Sticks
Hash Browns/ Sausage
Dragon Juice// Fruit

Day 2 17
Yogurt Cup, Soft Pretzel, Cheese Sauce
Peas
Fresh Veggies//Fruit

Day 3 24
BBQ Chicken Mac-N-Cheese
Refried Beans
Fresh Veggies
Fruit

Day 4 31
Pasta and Meatballs
Garlic Breadstick
Side Salad
Fruit

Wednesday

Day 2 4
Cheeseburger
Fries
Baked Beans
Fruit

Day 3 11
Chicken Patty Sandwich
Potato Smiles
Fresh Veggies
Fruit

Day 3 **Pulled Pork Nachos!** 18
BBQ Pork, Chips, Cheese Sauce, Shredded Lettuce, Tomatoes, Salsa, Sour Cream/ Refried Beans
Fruit

Day 4 25
Turkey and Gravy over Biscuits/ Mashed Potatoes
Fresh Veggies
Fruit

Thursday

Day 3 5
Chicken Nuggets
Dinner Roll/ Seasoned Corn
Fresh Veggies
Fruit

Day 4 12
Pasta and Meatballs
Garlic Breadstick
Side Salad
Fruit

Day 4 19
Grilled Cheese
Tomato Soup
Fresh Veggies
Fruit

Day 1 26
Chicken Nuggets
Dinner Roll/ Fries
Fresh Veggies
Fruit

Friday

Day 4 6
Mac-N-Cheese with Breaded Fish Sticks
Broccoli Trees
Fresh Veggies/ Fruit

Day 1 13
Big Daddy Pizza
Peas
Fresh Veggies
Fruit

Day 1 20
Pepperoni Deep Dish Pizza Round
Carrots
Fresh Veggies
Fruit

Day 2 27
Big Daddy Pizza
Peas
Fresh Veggies
Fruit

Alternate Entrees: **Monday:** Munch Box (Turkey, Yogurt, Cheese, Cheez-Its)
Tuesday: Deli Hoagie
Wednesday: Make Your Own Pizza
Thurs: Munch Box (Turkey, Yogurt, Cheese, Cheez-Its)
Fri: Cereal Munch Box with Yogurt and String Cheese

Questions? Contact Heather Poirier, Food Service Director @ 724-356-2218 ext. 3312 or email poirierh@avellasd.org

Make cafeteria checks payable to Avella Cafeteria. Please use separate checks for JSHS students. Please enclose cash payments in an envelope with ID number or name. Accounts are intended to be debit, NOT credit. Automated phone calls are placed to remind parents of negative balances. **Free and Reduced Applications are accepted all year, however are not retroactive.** This institution is an equal opportunity provider and employer.

PAY FOR MEALS ONLINE
MySchoolBucks.com

MY SCHOOL BUCKS

Monday

Tuesday

Wednesday

Thursday

Friday

2

3

4

5

6

9

10

11

12

13

16

17

18

19

20

23

24

25

26

27

30

31

