



AASD
Home of the Eagles!

Avella JS/HS January 2021

Questions about your child's cafeteria account or status? Contact: Heather Poirier, Food Service Director at 724-356-2218 ext. 3312 or poirierh@avellasd.org



MEAL PRICES:

Paid Student Lunch: \$2.55
Paid Premium Lunch: \$2.80
(Premium entrée designated P)
Reduced Lunch: \$.40

No additional charge for premium meal for students with free & reduced status.

Adult Lunch: \$3.50/ \$4.00 (P)
(Adults may sub 16 oz. plain water for milk.)

Menu subject to change without notice.



GRAB -N-GO LUNCH!!

Monday:
Italian Hoagie with Chips, Carrots with Ranch, Pears, Rice Krispy Treat

Tuesday:
Uncrustable (P) with Chips, Side Salad with Ranch, Apple Slices and Cookie

Wednesday:
Turkey Club on Ciabatta, Chips, Carrots with Ranch, Peaches and Rice Krispy Treat

Thursday:
Italian Hoagie, Chips, Side Salad with Ranch, Mandarin Oranges and Cookie

Friday:
Turkey Wrap with Cheese, Chips, Veggie Cup with Ranch, Applesauce and Rice Krispy Treat



Students may have all 5 items listed. However, 3 of 5 are a meal (1 item must be a fruit or vegetable). Students may have up to 2 different vegetables & fruit, 1 milk (1% white or flavored),

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1/1 
1/4 Meal Pick-Up	1/5 	1/6	1/7 Meal Pick-Up	1/8
1/11 Meal Pick-Up	1/12	1/13 	1/14 Meal Pick-Up	1/15 
1/18 	1/19 Lasagna Roll-Up with a Garlic Breadstick Or Big Daddy Pizza with Peas, Side Salad and Apple Slices	1/20 <u>Volcano Bowl</u> Popcorn Chicken with Mashed Potatoes, Gravy and Cheddar Cheese Or Spicy Chicken Sandwich with Fries, Veggie Cup and Peaches	1/21 <u>Nachos Grande</u> Seasoned Beef, Cheese Sauce, Sour Cream, Salsa and Peppers or Pepperoni Pizza with Green Beans, Side Salad and Mandarin Oranges	1/22 Pittsburgh Chicken Salad with Fries and Garlic Breadstick Or Chicken Sandwich with Fries, Veggie Cup and Applesauce
1/25 Ranch Chicken Bacon Wrap OR Chicken Tenders with a Dinner Roll, Fries, Veggie Cup and Pears	1/26 General Tso Chicken With Fried Rice Or Big Daddy Pizza, Broccoli, Side Salad and Apple Slices	1/27 <u>Breakfast For Lunch!</u> French Toast Sticks served with Sausage, Hash Brown/ Juice OR Spicy Chicken Sandwich with Fries, Veggie Cup /Peaches	1/28 Italian Combo (Cheese Sticks Breaded Ravioli and Sauce) OR Pepperoni Pizza with Corn, Side Salad and Mandarin Oranges	1/29 Cheeseburger Or Chicken Sandwich, Fries, Veggie Cup and Applesauce

IMPORTANT INFORMATION FOR PARENTS: Cafeteria accounts are intended to be debit, not credit accounts. Want to avoid your child having a negative balance account? Check out myschoolbucks.com. All families* are encouraged to set up a FREE account to track your child's café account balance/activity at your convenience. All you need is birth date & ID#. Negative balance calls are made 1-2 times a week at JSHS. Students may discreetly ask cashier for their balance. (Students cannot charge ala carte/extra items). You can receive personal low/negative balance reminders via e-mail or text for FREE. (There's only a fee for online payments). You may contact MSB at (855) 832-5226 or at support@myschoolbucks.com