

Monday

Tuesday

Wednesday

Thursday

Friday

Alternate Entries: Monday: Munch Box (Turkey, Yogurt, Cheese, Cheez-Its)
Tuesday: Deli Hoagie
Wednesday: Make Your Own Pizza
Thurs: Ham and Cheese on a Pretzel Bun
Fri: Cereal Munch Box with Yogurt and String Cheese



Day 2 **Breakfast for Lunch**
 French Toast Sticks
 Hash Browns/ Sausage
 Dragon Juice// Fruit

Day 3 **Walking Beef Taco**
 With Shredded Cheese
 Refried Beans//Shredded
 Lettuce and Tomato//Fruit

Day 3
 Turkey and Gravy over
 Biscuits/ Mashed Potatoes
 Fresh Veggies
 Fruit

Day 4 **Dr. Seuss Day**
 Go Dog Go Hot Dog
 Hop on Pop Tater Tots
 Truffula Trees with Cheese
 Lorax Oranges/ 1 Fish 2 Fish
 Jell-O

Day 1
 Fish Sticks
 Mac-N-Cheese
 Coleslaw
 Fruit

Day 3
 Breaded Chicken Drumsticks
 Dinner Roll
 Baked Beans
 Fresh Veggies
 Fruit

Day 4 **Nachos Grande**
 Seasoned Beef, Chips,
 Cheese Sauce, Shredded
 Lettuce, Tomatoes, Salsa,
 Sour Cream/ Refried Beans
 Fruit

Day 4
 Breaded Chicken with a
 Dinner Roll
 Baked Beans
 Fresh Veggies// Fruit

Day 1
Wacky Waffles with a
 Sausage Patty and Syrup
 Tater Tots
 Dragon Juice// Fruit

Day 2
 Cheese Pizza
 Corn
 Fresh Veggies
 Fruit

Day 3
 Chicken and Waffles
 Corn
 Fresh Veggies
 Fruit

Day 4
 Pasta and Meatballs
 Garlic Breadstick
 Side Salad
 Fruit

Day 1 **Lucky Tray Day**
 Mini Corn Dogs
 Seasoned Peas
 Fresh Veggies
 Fruit

Day 2 **Happy St. Patrick's Day**
 Nuggets of Gold, Leprechaun
 Coins, Rainbow of Veggies
 Green Applesauce
 Shamrock Jell-O

Day 2
 Grilled Cheese
 Tomato Soup
 Mixed Vegetables
 Fresh Veggies//Fruit

Day 4
 Chicken Nuggets
 Dinner Roll
 Fries
 Fresh Veggies// Fruit

Day 1
 Chicken Quesadilla
 Refried Beans
 Shredded
 Lettuce and Tomato//Fruit

Day 1
 Big Daddy Pizza
 Peas
 Fresh Veggies
 Fruit

Day 2
 Cheeseburger
 Baked Beans
 Fresh Veggies
 Fruit

Day 3
 Grilled Cheese
 Tomato Soup
 Mixed Vegetables
 Fresh Veggies//Fruit

Day 2
 Turkey and Gravy over
 Biscuits/ Mashed Potatoes
 Fresh Veggies
 Fruit

Day 3
 Pizza Bagel Bites
 Peas
 Fresh Veggies
 Fruit

Day 4
 Fish Sandwich
 Cheesy Potatoes
 Coleslaw
 Fruit

Questions? Contact Heather Poirier, Food Service Director @ 724-356-2218 ext. 3312 or email poirierh@avellasd.org

Make cafeteria checks payable to Avella Cafeteria. Please use separate checks for JSHS students. Please enclose cash payments in an envelope with ID number or name. Accounts are intended to be debit, NOT credit. Automated phone calls are placed to remind parents of negative balances. **Free and Reduced Applications are accepted all year, however are not retroactive.** This institution is an equal opportunity provider and employer.

Monday

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Wednesday

Thursday

Friday



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